



Helen Jeffries Miles

October 7, 1919 - July 14, 2022

Helen Jeffries Miles, age 102 of Blacksburg, widow of Hugh S. Miles, Jr. , died on July 14th, 2022. Born in Norfolk, she moved to Culpeper in 1919 with her parents, the late Helen M. and John Lewis Jeffries Jr., both Culpeper attorneys. She was also predeceased by a brother, John L. Jeffries, III, also a Culpeper attorney.

Surviving are three sons: Hugh Smith Miles, III (Judy) of Richmond, John Jeffries Miles (Carolyn) of Alexandria, and William Murrell Miles, MD (Kathy) of Gainesville, Florida. She is also survived by seven grandchildren, Suzanne Pate, Anna Benetiz, William Miles, Mary Helen Beydler, Henry Thomas Miles, Sally Lacy and Elizabeth Brown, and sixteen great grandchildren. Also surviving are two sisters, Margaret Jeffries Jones and Nancy Jeffries Bischoff, and a sister in law, Jean Perkinson Miles.

Helen received her BA degree from Farmville State Teacher's College (now Longwood University) in 1940, where she was a member of several honorary fraternities, the Monogram Club and the Kappa Delta sorority. She received her MA degree in 1970 from Virginia Tech, where she was a member of the Phi Kappa Phi honor society.

In 1946 following World War II, she and Hugh moved to Blacksburg where he resumed his teaching position in the Mechanical Engineering Department of Virginia Tech. Later Helen taught in the English and History departments at

Tech for 18 years. She was an advisor to the Tech chapter of Kappa Delta for ten years, a past president of the Tech Faculty Woman's Club, the Women of Christ Episcopal Church and the Colonial Dames XVII Century. She served as an interpreter at Smithfield Plantation, a volunteer at Montgomery Regional Hospital, and for over 50 years on the Alter Guild of Christ Church. She had been an active member of the DAR, the Blacksburg Sports Club and a bridge club that was founded in 1948.

The Family would like to express their appreciation for the companion ladies of "Warm Hearth at Home", as well as the staff at Showalter Assisted Living. These ladies were the primary reason that Helen was able to lead a happy and gratified life, even after losing her sight.

Her funeral will be held at Christ Episcopal Church on Sunday, July 17th, 2022 at 2:00PM with Reverend Scott West officiating. The family will receive friends from 1:00 to 2:00PM at the church.

In lieu of flowers, memorials may be given to Christ Episcopal Church, Box 164, Blacksburg 24063, or Boys Home of Virginia, 414 Boys Home Road, Covington, VA 24426, or to the Hugh S. Miles, Jr. Memorial Mechanical Engineering Scholarship Fund, Va. Tech Foundation (0336), 902 Prices Fork Rd, Blacksburg, VA 24060.

Cemetery Details

Westview Cemetery

723 E. Roanoke Street
Blacksburg, VA

Previous Events

Visitation

JUL 17. 1:00 PM - 2:00 PM (ET)

Christ Episcopal Church
120 Church St. NE
Blacksburg, VA 24060

Funeral Service

JUL 17. 2:00 PM (ET)

Christ Episcopal Church
120 Church St. NE
Blacksburg, VA 24060

Tribute Wall

MK

“ *I would like to thank the Miles Family for sharing Helen with me these last few months. We have laughed and she has shown me many things and taught me along the way. Again thank you for sharing her and the service today was beautiful. Mary Kauffelt*

Mary Kauffelt - July 17, 2022 at 04:28 PM

CB

“ *My deepest sympathy at the loss of your mother! She was a very fine lady! Charlotte Tate Burgess*

Charlotte Tate Burgess - July 16, 2022 at 08:25 AM