



## Emerson "Emmy" Sigtryggsson

July 18, 2004 - September 8, 2024

Emerson "Emmy" Sigtryggsson of Stamford, CT and Blacksburg, VA passed away on September 8th at the age of 20, following a very brief battle with sarcoma. She was a loving sister, wonderful daughter and a loyal friend to all. Emmy was a devoted faith-filled Christian; strong in God's love, His strength, and His mercy which she freely shared with everyone, especially those in need. She made it her mission to let everyone know they mattered. She cherished teaching special needs children to be bold as well as spending time with elders. Emmy was at her best in a group, whether children or adults. She made sure everyone had fun, even if that meant taking a pie in the face. She was a blessing to all who knew her.

She was a junior at Hillsdale College studying Physics. She was a member of the Pi Beta Phi sorority and served as Youth Director at Jonesville First Presbyterian Church. She was the Stamford Varsity Swim Team Captain, on the High School Debate Team, Captain of the Mock Trial Team and in 2021 she was awarded CT's Best Attorney. In her spare time, Emmy coached swimming, synchronized swim, and was a lifeguard.

Emmy is survived by her parents, Krissie (Lindstrom) and Hal Sigtryggsson, her three sisters, Spencer, Peyton and Elliott and many aunts, uncles and cousins.

The family will receive friends during Visiting Hours from 5-7 pm Sunday evening September 22nd at the McCoy Funeral Home, 150 Country Club Dr. S.W., Blacksburg, VA 24060.

Funeral Services will be conducted Monday, September 23rd at 11:00 am in the Good Shepherd Baptist Church, 155 Dunlap Drive, Christiansburg VA 24073. Interment will follow in the Memorial Gardens of the New River Valley Cemetery on North Main Street in Blacksburg VA 24060. In lieu of flowers please consider making a donation to Swim Across America.

# Cemetery Details

## Memorial Gardens of the New River Valley

2551 N. MAIN ST.  
BLACKSBURG, VA 24060

# Previous Events

## Visitation

SEP **22**. 5:00 PM - 7:00 PM (ET)

McCoy Funeral Home  
150 Country Club Dr. S.W.  
Blacksburg, VA 24060  
(540) 552-3211  
mccoyfuneralhome@verizon.net  
<https://mccoyfuneralhome.com>

## Funeral Service

SEP **23**. 11:00 AM (ET)

Good Shepherd Baptist Church  
155 Dunlap Drive NE  
Christiansburg, VA 24073

# Tribute Wall

1E

“ 10South at CRMH (Taylor, Trish, etc.) purchased the Simply Elegant Spathiphyllum for the family of Emerson "Emmy" Sigtryggsson.



10South at CRMH (Taylor, Trish, etc.) - September 21, 2024 at 02:42 PM



“ Full Of Love Bouquet was purchased for the family of Emerson "Emmy" Sigtryggsson.



September 21, 2024 at 11:27 AM

JF

“ Jonesville Presbyterian Church Family purchased the Divine Peace Bouquet for the family of Emerson "Emmy" Sigtryggsson.



Jonesville Presbyterian Church Family - September 21, 2024 at 10:17 AM

JF

“ Jonesville Presbyterian Church Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

Jonesville Presbyterian Church Family - September 21, 2024 at 10:17 AM

RK

“ Ray Kadiri purchased the Beautiful Dreams for the family of Emerson "Emmy" Sigtryggsson.



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Ray Kadiri - September 21, 2024 at 06:58 AM

RK

“ Ray Kadiri planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

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Ray Kadiri - September 21, 2024 at 06:58 AM

AD

“ Aunt Stína and family in DK. purchased the Beautiful Heart Bouquet for the family of Emerson "Emmy" Sigtryggsson.



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Aunt Stína and family in DK. - September 20, 2024 at 06:19 PM

AD

“ Aunt Stína and family in DK. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

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Aunt Stína and family in DK. - September 20, 2024 at 06:19 PM

JG

“ John G. purchased the Simply Elegant Spathiphyllum for the family of Emerson "Emmy" Sigtryggsson.



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**John G.** - September 20, 2024 at 07:31 AM

AD

“ Alexander D. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

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**Alexander D.** - September 19, 2024 at 02:48 AM

MB

“ I had the pleasure of caring for Emerson briefly as a registered nurse. I hope you all see this message. I'm so very sorry for her passing. It was an honor and privilege to care for her and to pray with you all. You have stayed on my heart since the day I met you. I will continue to hold you in my prayers.

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**Millie Basham** - September 18, 2024 at 05:09 PM



“ Blue Caribbean Bouquet was purchased for the family of Emerson "Emmy" Sigtryggsson.



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September 18, 2024 at 03:14 PM



“ Arrive in Style was purchased for the family of Emerson "Emmy" Sigtryggsson.



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September 18, 2024 at 02:59 PM



“ Kevin Devine planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

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Kevin Devine - September 17, 2024 at 11:23 PM



“ Be My Love Bouquet with Red Roses was purchased for the family of Emerson "Emmy" Sigtryggsson.



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September 17, 2024 at 11:23 PM

KD

“ I coached Emmy from ages 12 to 17 at Stamford Yacht Club. She was absolutely exceptional. So enthusiastic, so smart, so thoughtful. At age 17 she won a league wide award easily, and I wanted to include the description here because it describes Emmy perfectly (except that she was also pretty fast!): "This award goes to an individual for outstanding dedication to their team and to the sport of swimming. Although they may not be the fastest swimmer, their team spirit, superior effort and work ethic, and always positive attitude have been an inspiration to their team members and coaches alike."

*And she adored her sisters, and they adored her. I am heartbroken for her and for her family. Sending my love from Connecticut to Peyton, Elliott, Spencer, and the whole family.*

*Kevin Devine  
SYC Swim Coach*

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Kevin Devine - September 17, 2024 at 11:08 PM



“ Full Of Love Bouquet was purchased for the family of Emerson "Emmy" Sigtryggsson.



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September 17, 2024 at 10:01 PM

HP

“ Hillsdale College Swim Team Parents purchased the Medium Dish Garden for the family of Emerson "Emmy" Sigtryggsson.



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**Hillsdale College Swim Team Parents** - September 17, 2024 at 05:58 PM

LS

“ Love - Anna & Sophia planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

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**Love - Anna & Sophia** - September 17, 2024 at 03:14 PM

LS

“ Love - Anna & Sophia purchased the Ocean Breeze Spray for the family of Emerson "Emmy" Sigtryggsson.



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**Love - Anna & Sophia** - September 17, 2024 at 03:14 PM

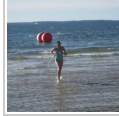


“ Beth Welsh lit a candle in memory of Emerson "Emmy" Sigtryggsson



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**Beth Welsh** - September 17, 2024 at 01:36 PM



*I had the honor of being one of Emmy's swim coaches in Hlgh School. I will always remember her for her positive attitude and great leadership. She was ambitious and very caring. She always had a huge smile on her face that could light up anyone's day. My love goes out to her family and friends. Coach Beth*

**Beth Welsh** - September 17, 2024 at 01:43 PM

YF

“ Your PQ Treasury & AP Family purchased the Beautiful Heart Bouquet for the family of Emerson "Emmy" Sigtryggsson.



**Your PQ Treasury & AP Family** - September 17, 2024 at 11:36 AM

EY

“ Erla, Helga, Regína og Jón frá Yztafelli planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

**Erla, Helga, Regína og Jón frá Yztafelli** - September 17, 2024 at 06:36 AM

EY

“ Erla, Helga, Regína og Jón frá Yztafelli purchased the Pink Potpourri Bouquet for the family of Emerson "Emmy" Sigtryggsson.



**Erla, Helga, Regína og Jón frá Yztafelli** - September 17, 2024 at 06:36 AM

HS

“ Pictures of Emmy



hal Sigtryggsson - September 16, 2024 at 10:21 PM

SF

“ So much love - Shelley and Frankie planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

So much love - Shelley and Frankie - September 16, 2024 at 06:33 PM

SF

“ So much love - Shelley and Frankie purchased the Rose Remembrance for the family of Emerson "Emmy" Sigtryggsson.



So much love - Shelley and Frankie - September 16, 2024 at 06:33 PM

PD

“ Peter D. planted a grove of 5 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

Peter D. - September 16, 2024 at 05:24 PM

IT

“ Inga and Baldvin Thorsson planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

Inga and Baldvin Thorsson - September 16, 2024 at 04:56 PM



“ Beautiful in Blue was purchased for the family of Emerson "Emmy" Sigtryggsson.



September 16, 2024 at 04:56 PM

AB

“ In my photography class, one of my challenges was to get the best photo I could in only 30 minutes. Portraiture is my strong suit, so I called my best girl friends on campus to see if they had any time between classes. It just so happened that all three of them were available and dressed in beautiful spring dresses and our sorority pins. I remember spending the rest of the day just glowing because my beautiful friends made time to come all the way across campus and help me with an assignment just because they wanted to. Emmy made the whole thing an adventure, as she always did. The photos reflect just how I saw her every single day, authentic, fun, and stunning. All my love to Emmy and her family.



Anna Bassols - September 16, 2024 at 04:23 PM



“ Katja & Marko planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Emerson "Emmy" Sigtryggsson.

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**Katja & Marko** - September 16, 2024 at 02:53 PM



“ Sweet Tenderness was purchased for the family of Emerson "Emmy" Sigtryggsson.



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September 16, 2024 at 02:53 PM