



Casey Marshall Helms

July 14, 2025

Casey Marshall Helms, age 40, passed away on July 14, 2025. Casey grew up in Christiansburg, Virginia where he attended Christiansburg High School and New River Community College. He lived in Gainesville, FL most recently. Casey was preceded in death by his sister, Lacie Morgan Helms and the love of his life and mother of their daughter, Megan Sheppard, along with his aunt, Teresa Helms, grandfather, Burl F Long and grandparents Rudy & Hilda Helms.

He is survived by his precious 10-year-old daughter, Skyler Helms, whom he always said was “the best thing he ever did in his life.” He leaves behind his parents, Mark & Kym Helms, his brother, Jesse Helms, his sister Kelsea Ditzhazy, her husband Austen Ditzhazy and his beloved nephews Jackson & River Ditzhazy. He is also survived by his grandmother Barbara Long, his aunt Karen Keith, and aunt and uncle Penny and Roger White. His cousins, Justin Keith, Bleu Anderson, Parker White, and Hunter Maddy will miss him deeply.

Casey was born during a snowstorm, in Salem, VA January 15, 1985. He always loved the snow; snowboarding and snow days where so many friends would come to the house and climb the big hill behind it, to build a bonfire and go sledding. He missed the mountains, when he moved to Florida and always reminisced about the fun times on the lake, at the river and so many other places where his adventures took him.

One of his true passions and most notable achievements in life was the launch of his Food Truck, “Toasted by Casey,” where he was able to express his love for cooking, and take pride in his own business, which was one of a kind and a phenomenal success.

Casey’s witty, sharp sense humor and his deep love of his family & friends will be missed. He always knew how to make us laugh. He was an incredibly loyal friend and deeply compassionate soul. He was a creative, artistic, and truly a free spirit. The world will forever be changed because he was here and will never be the same, because he left.

A private service will be held at the Kanapaha Botanical Gardens in Gainesville, Florida on August 3, 2025.

We invite his friends and family outside of Florida to join us for a Celebration of Life ceremony on Saturday, August 23, 2025 from 1:00 pm-3:00 pm. The service will be held at McCoy Funeral Home, 150 Country Club Dr., Blacksburg, Virginia, 24060.

Thank you to Williams-Thomas Funeral Home in Gainesville, Florida for compassionately helping us through this difficult time.

Previous Events

Celebration of Life Service

AUG **23**. 1:00 PM - 3:00 PM (ET)

McCoy Funeral Home

150 Country Club Dr. S.W.

Blacksburg, VA 24060

(540) 552-3211

mccoymfuneralhome@verizon.net

<https://mccoymfuneralhome.com>

Tribute Wall

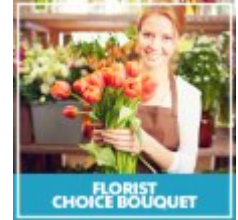


“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Casey Marshall Helms.

August 21, 2025 at 01:53 PM



“ Florist Choice Bouquet was purchased for the family of Casey Marshall Helms.



August 21, 2025 at 01:53 PM

DG

“ Kym so sorry for your loss prayers for you and whole family

drema Gibson - August 21, 2025 at 11:16 AM

ML

“ Matthew and Hillery Lester purchased the Sweetest Sunrise Bouquet for the family of Casey Marshall Helms.



Matthew and Hillery Lester - August 11, 2025 at 04:23 PM

SC

“ I am heartbroken to hear of his passing. I don't even know how to put into words the sorrow I feel your family. Please know that I'm holding you all close in my thoughts and prayers during this unimaginable time.

Samantha Cline - July 22, 2025 at 09:17 PM

JH

“ If there are words, I dont know them...thinking of you guys. JDH

Jeff Helms - July 22, 2025 at 12:14 PM

SL

“ *Mark and Kym, I am so sorry for your loss. My sincere condolences to you my friends.*

Sam Linkous - July 22, 2025 at 12:09 PM

ME

“ *Please accept our deepest condolences for the loss of your loved one, sending healing prayers and comforting hugs.*

Metro Insurance Services

Angie, Kim, Katrina and Emma

ME - July 22, 2025 at 11:07 AM